



First & Last Name

One page profile

information is private & for professionals only

I LEARN BEST WHEN

- Classroom activities are predictable & structured & a visual schedule is reviewed through the day & before transitions.
- I have a picture check list of steps I can independently work through & am given extra time to complete my work.
- I get regular physical breaks & can ask for one.
- Instructions & rules are clear, concrete & I am praised for following them.
- Expectations are front-loaded & I am given choices when it is an option.
- Teachers talk with me, listen to me & allow me to be part of solving problems.
- I have opportunities to help others learn & can be a "teachers assistant".
- I sit next to peers that are quiet hard workers.
- I can use a space divider & have a quiet place to work alone if I want.

MY GOALS FOR THE YEAR ARE

- To join one or more of the school clubs (i.e. colouring club, gardening club, cooking club).
- To join the school choir if it is available.
- To be a school buddy for grade 1-3 students. I would like to show them around the school, be a playground buddy & introduce them to other students.

THINGS TO KNOW ABOUT ME

- I love being physically active & moving my body.
- I am very social & love feeling connected to others both mentally & physically.
- I love to learn by talking & asking questions.
- I like to be given opportunities for leadership.
- I enjoy teaching others what I have learned.
- I like to be a part of solving problems.
- I love languages, science, math, dancing, singing, playing music, drama, colouring, drawing & crafting.
- I am a loyal friend & often need support understanding how to set boundaries with my peers & what healthy friendships look like.

I STRUGGLE TO LEARN WHEN

- I have been sitting, or expected to be, in my seat working quietly for long periods of time.
- I sit next to preferred friends or my peers are playing when it is work time & I don't have a quiet working space.
- My outdoor playtime (recess/lunch) is withheld.
- Others are rigid and not able to think flexibly.
- I don't know what is expected of me, don't know what the group plan is, or don't know about upcoming transitions.

MY FAMILIES GOALS FOR MY YEAR ARE

- For me to enjoy reading & printing as well as improve my literacy skills.
- For me to improve my ability to listen & follow the person in charge & to follow the group plan.
- For me to have a larger circle of friends & explore playing, working & engaging with a wider variety of peers.